



*It's the Spirit
that unites us!*TM

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Spirit Is Our RiverTM

Winter Issue 2009

Spirit Is Our River is a publication sponsored by Wayshowers Community Fellowship, a network for all spiritual paths, uniting cultures and faiths.

IN LOVE AND LIGHT

My name is Cherise Greski-Lesniewicz and I'm a relatively new member to the wonderful Wayshower Community. I discovered this group about a year ago during a very challenging point in my life.

My journey started in February, 2008, after months of soul searching, my husband and I agreed that I could quit my very secure full time job and pursue my dream of having my own business.

That first week, it felt right, it felt good. I just KNEW I had made the right decision and texted him all week telling him of my happiness and joy. I couldn't wait to get back home to him to share it all in person.

I was 'prompted' to leave a day early from my trip and took the last flight home on Thursday evening. I was flush with excitement to share, but it was so late that my husband and I decided to celebrate the next evening. Snuggling close we went to sleep. The next day he went to work as usual. He called to tell me he'd be late but he had gotten my insurance setup – I told him I just billed our first client. We were both so excited and couldn't wait to have dinner together. We always expressed love and appreciation when we talked – this time was no different.

I've always been a spiritual person. Always mindful of the gifts I've been given – ever appreciative of what appeared in my life. Somehow, deep inside, I always knew to express my gratitude and appreciation to those I love. I now believe that my guides and angels were ever preparing me so that when the 'unthinkable' happened, I would have no regret of what I didn't say or didn't do.

In an almost literal 'wink of an eye', my world changed forever. I received *that* call telling me to rush to emergency. I went from feeling on top of the world to utter despair in a heartbeat.

These are the times when the spiritual rubber hits the road of reality with a thump! The ultimate unanswerable question – WHY!?!? Ran through my head. Why HIM? Why me? Why NOW? We had so much to look forward to. I had no idea that the night before was our last night together. If anyone felt they needed heavenly support – I certainly did.

A voracious reader, I searched and read and searched again. Then I stumbled upon Dr. Coll's work. I had seen something similar in the past and even had a session. But, at the time, it didn't register with me. This time, it did. I met Roger Ringo and he helped me get clearer on my own guidance. Interestingly, I realized I already knew that I was guided – the techniques just reinforced my knowing.

When I discovered the Wayshower Community Fellowship calls – I was thrilled. Whenever my schedule permits, I love to participate on the 15 minute calls each Friday evening. The peace, love and calm that I receive during the calls has translated into a much better sense of the 24/7 support system that I have always had.

The first call I was on was so different from other spiritual techniques that I was truly drawn in to the warm love of Spirit – knowing that I could become healed and whole again. The visualizations that we use are ideal for my mindset and much needed in the world today. The fact that we have fellowship, meditation, cleansing and healing in such a short amount of time is amazing and there are always good demonstrations shared on our calls.

Nowadays, it feels as if my angels have me on an inner radar system for the calls. If I am not able to be on the call, *something* has me notice the time so that I can take that 15 minutes and feel as if I'm with the group. But... there is nothing like being directly involved with the calls to really have a sense of peace and purpose for the coming week ahead.

I have been very fortunate to discover the Wayshower Community Fellowship and Dr. Coll's work. The calls reinforce a higher awareness of consciously connecting with my guidance *and listening to it*. I would encourage everyone to attend at least one call to feel that sense of love and connection.

I hope that in reading my story you are guided to join us. Thank you for reading and allowing me to share. I hope to 'hear YOU' on the next call.

Cherise Greski-Lesniewicz



This Seasonal Special Edition of Spirit is Our River features articles, sharings and photos from leaders and participants of Wayshowers Community Fellowship, IPM International & Peace Community Church International. These are spiritual non-profit organizations founded in the latter 20th Century for the purpose of helping people during the current and future spiritual transitions in our lives on planet earth.



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WAYSHOWERS COMMUNITY FELLOWSHIP



Dorinda Fox

When I am on My Pivot Point

*I truly express my love and appreciation
of myself and others;*

*I am empathetic and open my heart to
others; My creativity flows joyously into
the present moment;*

I am forgiving;

*The positive, caring, good, kind, loving, confident
part of my soul manifests itself;*

*I trust that the universe is attending to my wants
and needs and unfolding as it should; and
I listen to my guidance.*

David C. Hakim



WCF Board of Directors

Front row, left to right, Vonnice Owens, Dorinda Fox, Mary Johnson. Back row, left to right - Mary Louise Culbreath, Eva Diamond, Maizie Dalby, Kathleen Ellis.

In the last issue, I wrote about the Creativity for Peace camp near Santa Fe; it's the program that brings together young women from Palestine and Israel to dialogue with each other, release fear and hatred, express themselves creatively, work toward being at peace within and among each other, and potentially become peace-makers in their respective communities.

Two weeks ago, one of the young women who attended the New Mexico camp was killed along with three of her sisters in Gaza when an Israeli bomb hit her home. Her father, a prominent Palestinian physician who has worked cooperatively with Jewish health care and community leaders, was reportedly questioning how such a thing could happen and struggling with his beliefs in the possibility of peace in the Middle East.

Seeing this news story struck me, especially because I had experienced meeting several of these young peace campers last summer and sensed the real physical danger in which some of them lived back home. The bombing and loss of life could be an excuse to give up on a bigger picture and plunge into ideas and emotions of injustice. Or it could be an opportunity to reassess and affirm who we are – eternal creative beings who cannot die. Remembering who I am gives me the freedom to live my truth no matter what happens. I see how challenging it is for me and others to live by core values when the world around is so different; but also how joyful it feels to live beyond the pressures in the environment when I am successful in being true to my unlimited feelings.

RESERVE THESE DATES!

July 5 – 11 WCF Week at Summer Camp in Osceola, Iowa WCF Theme for the week: Being Ambassadors of Spirit!

Activities will include workshops, themed fellowships, courses, and opportunities to be lead and be creative.

October 10 – 12 WCF Retreat in Santa Fe, New Mexico Focused on the Native American tradition, activities will include exploring spirituality, culture and art with courses, fellowships, and field trips to Native American sites.

Yes, I want to join WCF!

Enclosed is:

- Regular Corporate Membership is \$50
- Youth membership (up to age 21) is \$25
- Sage membership (ages 63 & above) \$25
- Disabled (any age) \$25

Name _____

Date of Birth ____/____/____

Address _____

Phone _____

Email _____

JUST SAY YES!

As far as accepting the offer to co-host our WCF call last week, I was sitting at my computer and listening into a motivational seminar, when Kevin called. When he asked whether I could co-host this week, I gave my standard Warren-visionary, let me get back to you response. However I heard myself and felt why I was responding, to get Kevin off the phone, as we were coming to a critical part of the on-line seminar. Then I decided that was not the way to go, to think about Kevin's offer more, and then get back to him. The easier and fastest way to end my call with Kevin was to say "YES". Thank you, Kevin for the phone call. In the past two weeks I have been coming across PCC and WCF information, and felt I could get back to a Friday night call soon!

I recall the first time I was offered this co-host opportunity. I was nervous as I was making the role into a "BIG" deal. Today, having done this role previously a few times, I reviewed the script a few times to take my head out of the way, and let spirit flow. I realized it wasn't just me doing the role of co-host, I had a team, and a larger team than when I just cleanse at home. Even then my team is bigger than I sometimes give credit for.

Once you do it, you'll want to do it again!

Warren Piggott,
Winnipeg, Manitoba, Canada



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Robin Twito

*"Self-respect is the
cornerstone of all
virtue".*

John Herschel

ARE YOU A MEMBER OF WAYSHOWER'S COMMUNITY FELLOWSHIP?

"I'm having a ball!" exudes Kevin Perkins, Long Beach, CA, who is currently taking opportunity to line up hosts and co-hosts for the Wayshower's Community Fellowship (WCF.) Friday evening Spirit Call. As the WCF Spirit Call Vice-President, it felt right to spread the opportunity for more members to be of service. I, myself, lined up the hosts/co-hosts for a year. I "met" our members through email and phone. I made many new spiritual friends through my opportunity. Since I had so much fun, I was guided to share the opportunity. The commitment is for 3 months and then another member is trained in the procedures. I am always here -- as are others -- to back you!

I'm hooked on the Spirit Call. About a 20-minute healing and sharing circle with people all across planet earth ends my week and sets my energy for a delightful weekend and inspires me to do more and more. The call, open to all, members and nonmembers, is Friday evening at 9:30 EST. The number to call is 603-488-0702, pin 427964. Join us!

WCF focuses each month on a different religious/spiritual tradition. Check out our website at www.wayshowerscommunityfellowship.org. Several of the world's traditions are described and their religious tenets and ceremonies are described. The write-ups are simple and informative. More traditions will be added to the website. As a member you have the opportunity to work as a team on a religious tradition that "speaks" to you.

We, already members of WCF, want you to JOIN! Dues are only \$50/year and half that for seniors, disabled and vets. Call Mary Johnson at 703-534-4306.

WCF is spiritual, fun, supportive, and of service to ourselves and all planet earth. Every week, we have a teleconference community gathering -- Spirit Call -- in which all who wish may receive spiritual and/or physical healings. Ah, the tranquility and peace, and love... As a member you have the opportunity to host and co-host the call. The backing of Spirit and your Guidance in spearheading the call is palpable and will carry you through the coming week. We are of service to ALC

by sponsoring scholarships for young people (Operation Action) for summer camp.

Membership benefits include a gorgeous quarterly newsletter; healing teleconference calls; voting privileges at the annual meeting; a 20% discount at WCF retreats; special training on how to put on a WCF fellowship and in taking opportunity, such as arranging for the Spirit Call hosts/co-hosts.

Oh, DO join WCF! We want you and need you. With a larger membership, we can get more community projects going, perhaps coordinating with Peace Community Church, and come up with creative ideas to understand other's religious/spiritual practices so that we can speak with them knowledgeably. You are always welcome, member or not; but do join WCF and feel truly committed to yourself and to spiritual fellowship.

Robyn D Twito

WCF BOARD OF DIRECTORS NEWS NEW SECRETARY – SPIRITUAL DIRECTION FOR 2009!

January 23, we held our first board meeting in 2009 by teleconference. Eight of the 12 current directors were in attendance including David Hakim by proxy; those who remained on the call throughout the meeting were Kathleen Ellis, Mary Johnson, Vonnie Owens, Robyn Twito, Elaine Wilson, MaryAnne Wassenburg and Dorinda Fox.

Highlights of the Board call included electing Elaine Wilson as the new executive secretary who will be assisted by MaryAnne Wassenburg to fulfill the term of office until our annual meeting July 5th; sensing keys for the unfolding new year to inspire WCF's purpose; sharing ideas for Summer Camp planning of WCF week; and setting energy for a WCF Fall Retreat.

The WCF inspiration created from directors' sensitivity: **"Moving forward with optimism and sincerity creates opportunities for service, outreach, and harmony in decisions."** What a direction for our involvement in 2009!



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WAYSHOWERS COMMUNITY FELLOWSHIP

THE POWER OF DECISION AND INVOLVEMENT: AN INTERVIEW WITH THE 2008-2009 “WAYSHOWER OF THE YEAR”

Annually, an individual is celebrated by WCF for being an outstanding leader and spiritual example to others. Last summer, Kathleen Ellis was selected by the WCF Executive Board as our “Wayshower of the Year” and honored at a brief ceremony during our annual meeting. This interview is a way of sharing some of her personal and spiritual greatness with you.



Kathleen Ellis demonstrates sensing an aura.

Kathleen was born in northern Wisconsin and became involved more than 30 years ago in Inner Peace Movement® programs in Grand Rapids, Michigan. She has studied and applied her lessons in her life; and Kathleen has become a leader of leaders, not only in IPM, but also in the programs of Astro-Soul, Peace Community Church, and other movements founded by Dr. Francisco Coll. She has been a member of WCF and on its Board of Directors since 2002.

Also, after the death of Dr. Coll, Kathleen was instrumental in reorganizing Peace Community Church International, a church without walls and without dogma. Currently, she is a Bishop and President of PCCI.

Kathleen, when did you start your spiritual search?

Kathleen: When I was 15 years-old, I read Norman Vincent Peale’s book, **The Power of Positive Thinking**. His book helped me to realize a different way of viewing life, that I could achieve whatever I set my mind on to be or do. Years later, I learned about my spiritual thrust, which is “In decision”.

What does your spiritual thrust mean to you?

Kathleen: It means that regarding everything in life I need to take action. I need to make a decision about what I want; otherwise, other forces in the universe will give me “pot luck”. So, my thrust is all about goal setting and the process of deciding, being in the vibration or feeling level of decision. A picture in Dr. Francisco Coll’s book, *The Dynamics*

of Astro-Soul, shows how a soul moves by decision, like an arrow. In that book, there are words describing the zones of consciousness. The highest, D-zone, includes “decision” as a descriptive word. When I first learned my thrust I rebelled; then realized, when I experienced the Syndromes ALC course, that I was trying to change what I was because I thought being something else would be prettier or better. Now, I know that I am in the feeling level of my purpose, my thrust, when I accept who I am and what I need and want; there is a sense of fulfillment when I am living it.

What are some of the personal benefits of your involvement in spiritual programs founded by Dr. Coll?

Kathleen: I believe in all the movements that we really only have one product, and it is a bigger picture of reality. My experience has been no matter what course, profile, or leadership opportunity I have experienced, I have been constantly expanding myself, which is part of gaining that bigger picture of life.

I have seen you drive 9-10 hours to lead courses and workshops on a weekend after a busy week at your work, Kathleen. What motivates you to be committed to leading and sharing spiritual tools and inspiration with others?

Kathleen: I am selfish in a positive way. At different times in the last 30 years, when I was not involved, I felt my bigger picture of my life shrinking; that was not appealing. So, everything that I do I do for me. I need to be involved spiritually; if not, life is pretty boring. Also, I don’t think my life is very different from the character in the movie, “It’s a Wonderful Life”. He wanted to make a difference, and did not see what he had and how he had contributed to his community. It took an angel experience to show him what his life truly was. For me, having the spiritual tools to ask: “What is my opportunity?”, “What am I getting out this?” and, “How do I go about getting what I want/need?” – These are precious tools that have changed my life.

What does it mean to you to be a “wayshower?”

Kathleen: In my opinion, being a wayshower means that I am willing to share of myself what has worked for me, showing people that I meet



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a way, my solutions; and they can tailor it to themselves. Going beyond my comfort zone is also part of being a wayshower; it's stretching myself to be of service.

What are your highlights of involvement in the past year?

Kathleen: I gave myself permission to be a world traveler last year; flying more than 30 hours, first to Atlanta, then to San Francisco, to Tai Pei, and on to Bali in Indonesia to attend the ALC International Retreat, where I had the opportunity to stay 10 days just 50 feet from the ocean in a 5-star hotel; to be fed gourmet meals; and to share with people from all over the world! I did that, it was great, and I have no desire to repeat it.

I feel that my experience is unique as a spiritual leader... to have had a family, raised children in this program, and made it all possible, spiritual involvement and leadership. I have applied my spiritual search in parenting and partnership. Once, a long time ago my son asked me how come I was gone all the time. I shared with him that "I was a spiritual leader before you came into my life, and I continue to be a spiritual leader afterward. It's a big part of what I've come to do." He chose me as a parent; so he knew that was part of the deal. He never complained again. This year, my daughter is getting married. We have shared many hours traveling together and at IPM/ALC summer camps.

As president of Peace Community Church International, what are your current goals for the organization?

Kathleen: Now that we are facing a wedding in our own family, I see how much people really need ceremony in their lives. The PCCI way of doing ceremonies is one of most beautiful, simple, and eloquent ways to bring out what people are gaining from their involvement and life decisions. I was married with Mark in a PCC ceremony. My goal is to inspire others to take the PCC training so they can officiate in ceremonies in other people's lives. In addition, I have had the opportunity to work in the healing arts all my life as a physical therapist, and PCC gives everyone involved an opportunity to work with healing energy. Another goal in working with PCC is that I want

everyone to have that opportunity to work with spiritual and physical healing. I feel people are really seeking now with the challenges we are facing in society which are rocking our sense of trust, making people feel not in control; PCC program plays a role in helping people move beyond all this, as do the other programs associated with Dr. Coll.

What inspires you about being involved in WCF?

Kathleen: For one thing, you could say that I'm curious; I'm interested in all the various spiritual beliefs in the world. Also, religious differences have led to war and strife and not communicating among people. The goals of WCF are educating others to honor people's different spiritual traditions and beliefs. I am inspired by the oneness in WCF energy. We look for the common ground and the spiritual one-with-all in each other around the planet.

What words of wisdom do you have for individuals who are challenged with fears and indecision in their lives?

Kathleen: Turn off your intellect, follow your feelings, and don't look back!

What suggestions do you have for individuals to inspire living their purpose?

Kathleen: Until I was involved in these spiritual programs I needed to look outside to see how to live and what I wanted to be. Then I found that I am unique and have my own way of being. I would encourage others not to try being like anyone else, and use spiritual tools to move forward with direction and answers that come from within. For me, it is really not about money with regard to investing in my growth, membership, taking training to do a lecture, or being involved in leadership; money is just a measure of my involvement. If I turn off investing in myself then I feel that I have cut off my whole reason for being.

Thanks, Kathleen, for sharing your wisdom. Your decisive way of being made interviewing you flow easily!

Interview by Dorinda Fox

You Can Help Lift Our Spirits!

Share a message from your angels, your creativity, or an inspiring verse from one of the world's spiritual paths. Messages will be selected for sharing on the WCF Spirit Call, the web, and/or Spirit Is Our River. Send your message to president@wayshowerscommunityfellowship.org.

From Dhammapada – the Sayings of the Buddha:

Joy

Live in Joy,
In love,
Even among those who hate.

Live in Joy,
In peace,
Even among those who are troubled.

Look within.
Be still.
Free from fear and attachment.
Know the sweet joy of the way.

How joyful to look upon the awakened
And to keep company with the wise.





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IPM INTERNATIONAL, INC.

President's Message



Dawn Overstreet

When I look at where I have been in my past year, stay focused on the abundance of that wisdom, I move with ease into the goals for my new year. To build is to utilize what I have accomplished and setting out to do a bit more in my new goals. As I continue reaching my apprentices, having clear inner guidance, growing my state of consciousness to help my apprentices unfold their sensitivity, I will always be growing and replicating what I have come to do. I transform myself with the inspiration of my experiences and I do it with ease. This is my inner leadership in motion, not being influenced, but being diligent to communicate, coordinate and compromise to make it all work in the bigger picture of spirit. This simple system can and will outlive the challenges, giving a simple light of hope to many. There is nothing hard here. There is only the comfort or ease with which I methodically step forward as a leader wrapped in the wisdom of my own investment in myself, passing from one place to another and reaching those I have come to share with.

There is no greater reward in life then the understanding that what I am learning will always be part of my state of consciousness. There are no greater conversations then the ones that open people to their inner guidance. There is a satisfaction in knowing that I have done my part to create the world in which I live. In this new year of change, there is emphasis on cleaning up the motives of people working or trying to change the system and making people accountable for their actions. Motive is a key in our programs. For motive is what will build and give each of us a buffer to do what we are here to do. Everywhere I go people are hunger to walk their walk, talk their talk and be free of the dogma that can limit their lives. Today, we can provide that door, bring them into a system that will allow them to grow into their own personal leadership and make decisions that will impact our world.

"Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed it's the only thing that ever has".

Margaret Mead

SHARED BY RUSLAN KOSTYLEV, AFTER ATLANTA PROGRAM ON JANUARY 17TH, 2009

Hello Dawn,

First of all, I wanted to thank you for yesterday's wonderful meeting. I really think that you're doing a great job helping people in this way. It was a little awkward for me as I tend to get very nervous when I am around other people, but at the end I felt that I made the right choice by going to this meeting.

Anyways, I just wanted to know how we could schedule the "Profile". I just realized that I can do it today if that is alright with you. Let me know when you are available.





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Donna Caruso, Faith Cunningham, Sandi Devereaux, Philip Mihalik, Denise O'Brien, AEW New Jersey

NEW JERSEY DOES IT WITH EASE

New Jersey leadership met to expand and consolidate program for New Jersey. With ease of communication and in a spirit of friendship we planned our Business for 2009. Areas of locations, programs, promotion, and Mini-State/Area opportunities were discussed and pinned down.

Execution will move the energy forward by ordering courses and promoting. The latter will be for all programs including Intro's and EID's, Trance Healing Tables, courses and profiles through the internet, flyers, newsletters, phone calls, and word of mouth, as always. The Key Group will be invited to a Fellowship with the purpose of presenting opportunities in Mini-State and Area opportunities. Our focus now is inspiring and training the new leadership. We have invited them, as in the past, to share at Lectures and EID's, Trance Healing Tables, and Angel Encounter Workshops. There is a solid core group of about ten new leaders who have shown an interest and enthusiasm for sharing. One example is Angeolina Herrera who did several 1001 profiles in one evening and was invited to do more.

Labor completes the cycle of fulfillment as we offer these programs and profiles with more enthusiasm, commitment and ease of communication. Uniting with spirit, and checking the LFN calendar for the energy of the day and the stick figures to see where the pitfalls may block the free flow insures success in our outflow.

With sincere team effort, we were able to pinpoint areas that needed clarification and communication with apprentices. It was a fun, light, fulfilling experience and the organization felt complete. We wrapped with regrouping our keywords, cleansing the energy, and followed up with a fellowship at the local Mexican restaurant. ADELANTE! Thank you for letting us share!

Julia Santiago, Maria Vistica

IN LOVE AND LIGHT

Jan Kitto reminded me of a great technique that Nancy Seybert once shared with me!

It goes like this: face the North direction and while massaging your third eye say, "Spirit of the North, I commit myself to myself and the work of Spirit and am willing to be of service.



Here, I am Spirit, use me". Then while still facing the North you massage the inflow chakra and repeat the pledge.

Then do it again while massaging the relating chakra. Then repeat the whole process for Spirit of

the South, East, and West.

Just in a few days that I've restarted doing this technique, Spirit sent me many new opportunities to be of service.

Kevin Perkins, Long Beach, CA.

*"Sometimes our best
is not enough.*

*Sometimes we must do
what is required."*

Sir Winston

Churchill

"If Life is a Game, these are the Rules"

Cheri Carter Scott 10 Rules for
Being Human

1. You will receive a body
2. You will be presented with lessons
3. There are no mistakes, only lessons
4. Lessons are repeated until learned
5. Learning does not end
6. There is no better than "here"
7. Others are only mirrors of you
8. What you make of your life is up to you
9. All the answers lie inside of you
10. You will forget all of this at birth

*"To be human, is to be an
artist, and the supreme
art is the expression of
the beauty of our spirit."*

Meadow Serena
Overstreet





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Inner Peace Movement® Programs Around The Nation

INTERNATIONAL SHARINGS



Judy Walker Nalda and friends

THE DAY WE TURNED THE TORNADO

I was at one of the first trainings in Iowa in the very early days of IPM. Francisco had just begun to talk to us about directing energy when a tornado conveniently appeared on the horizon. As it was bearing down on us, he instructed someone to gather up the children and to take shelter in some kind of structure. Was it a barn? I don't remember exactly.

What I do remember is that he stood in front of it and we stood on either side of him with perfect trust, as we faced down the tornado and he directed us in the use of energy, intention and will.

Of course, the tornado gave way and turned. He hadn't needed our help, but it was such a dramatic lesson that in 1992, I was living in Hawaii when "Iniki" a category 5 hurricane, hit us. While other people were frantically buying batteries and water, I was looking everywhere for people to help me turn the hurricane. There were no volunteers.

Of course, a few months later, when we were threatened by yet another hurricane, people were very willing to visualize a wall between the hurricane and our island and to direct the storm to proceed northward into cooler waters and dissipate.

It took a long time for me to process the information Francisco gave us. Years later I would be walking down the street and something he said would suddenly become clear to me and I would stop and say "oh, that's what he meant by that".

How fortunate I was to have had time with him. What a great soul he was to have set up an organization to train people to do the most important work on the planet. He used to say to us, **"in years to come, they may not remember our names, but the fact that we have been here will have made a difference"**.

We have been entrusted with the responsibility of keeping the wisdom clear and the channels operating just as he created them. That's a huge

and important trust.

I remember random things like **"We charge for our time if we respect ourselves, but not for our wisdom"**. He made things **affordable**. Leaders on the road used to stay with me when I lived in Los Angeles.

I was there when he started Astro-Soul. What a huge commitment. He told us about the headless prophet and took us safely into zones we hadn't known existed.

Thanks for letting me share my wonderful memories.

Judy Walker Nalda, Hawaii

I am your constant companion.

I am your greatest asset or heaviest burden.

I will push you up to success or down to disappointment.

I am at your command.

Half the things you do might just as well be turned over to me,

For I can do them quickly, correctly, and profitably.

I am easily managed, just be firm with me. Those who are great, I have made great.

Those who are failures, I have made failures. I am not a machine, though I work with the precision of a Machine and the intelligence of a person.

You can run me for profit, or you can run me for ruin. Show me how you want it done. Educate me. Train me. Lead me.

Reward me.

And I will then...do it automatically.

I am your servant.

Who am I?

I am a habit.

Author Unknown

MY LIFE IS MY OPPORTUNITY



Julia Maria Britez (center)

Julia "Maria", Prophetic Intuitive, lives her thrust, "My life is my opportunity". Maria takes every opportunity to grow, share, and have fun with her life. She truly enjoys every facet of her journey. Her loyalty to herself is expressed in her commitment to her personal growth. Maria "grew up" at the Salisbury Conference Center in Pennsylvania. She has participated in many courses, THT's,

**Coming April 4-5, 2009
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INNER GUIDANCE" - Put it on
your calendar. An outstanding
workshop!**



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profiles, IPM, PMM, and A-S Facet One of group work. She is presently in Facet Two of Astro Soul and looks forward to sharing with her spiritual sisters every week.

Maria is also involved in Yoga, a Salsa dance troupe, Boot Camp exercise, and studies for her Master's degree in English Second Language. Her service consists of her total dedication to her First Grade students at Rafael Hernandez School of Newark, NJ. She conscientiously plans her days with her students and efficiently carries out the designs of each program. Everyone respects and admires her professional, supportive, and friendly demeanor. The eager happy faces of the children glow as they participate in her lessons with ease and confidence. She encourages each child to live up to their potential with techniques given to her by her angels. This she acknowledges with humility and gratitude.

I look forward to my monthly visit to her classroom and realize how much ALC and IPM programs helped both of us to fulfill our purpose in such a way that our influence on the minds and hearts of children would be a positive experience for all. Each one learns, grows, and moves on to improve the world environment.

Presently, Julia Maria and her husband, Alex, are eagerly awaiting their first child.

Julia Maria says, "Group work has changed my life. My communication with my angels and with others has grown to such a high level that everything is clearer and I am fulfilled in so many ways".

By Julia Santiago, N. Arlington, NJ

BLAMING THEIR CIRCUMSTANCES

George Bernard Shaw said, "People are always blaming their circumstances for what they are. I don't believe in circumstances. The people who get on in this world are the people who get up and look for the circumstances they want, and if they can't find them, they make them."

Well, it's pretty apparent, isn't it? And every person who discovered this believed (for a while) that he was the first one to work it out. We become what we think about.

Conversely, the person who has no goal, who doesn't know where he's going, and whose thoughts must therefore be thoughts of confusion, anxiety and worry - his life becomes one of frustration, fear, anxiety and worry. And if he thinks about nothing... he becomes nothing.

How does it work? Why do we become what we think about? Well, I'll tell you how it works, as far as we know. To do this, I want to tell you about a situation that parallels the human mind.

Suppose a farmer has some land, and it's good, fertile land. The land gives the farmer a choice; he may plant in that land whatever he chooses. The land doesn't care. It's up to the farmer to make the decision.

We're comparing the human mind with the land because the mind, like the land, doesn't care what you plant in it. It will return what you plant, but it doesn't care what you plant.

Now, let's say that the farmer has two seeds in his hand- one is a seed of corn, the other is nightshade, a deadly poison. He digs two little holes in the earth and he plants both seeds-one corn, the other nightshade. He covers up the holes, waters and takes care of the land...and what will happen? Invariably, the land will return what was planted.

As it's written in the Bible, "As ye sow, so shall ye reap." Remember the land doesn't care. It will return poison in just as wonderful abundance as it will corn. So up come the two plants - one corn, one poison.

The human mind is far more fertile, far more incredible and mysterious than the land, but it works the same way. It doesn't care what we plant...success...or failure. A concrete, worthwhile goal...or confusion, misunderstanding, fear, anxiety and so on. But what we plant it must return to us.

You see, the human mind is the last great unexplored continent on earth. It contains riches beyond our wildest dreams. It will return anything we want to plant.

Earl Nightingale

MARK YOUR CALENDARS & COME TO IOWA FOR IPM PROGRAMS OPENING THE FIRST WEEK!

Theme for the Week – Power of My Inner Security – Begins June 27 through July 3, 2009. Board of Directors Meeting, July 4th. Be sure to come to camp and join in the meeting.

Get back to basics, refresh yourself and thrive in the energy backing this leadership program.





Spirit Is Our River™

PEACE COMMUNITY CHURCH INTERNATIONAL



Kathleen Ellis

President's Message

For some years now, I have volunteered at my local Unity Church in the children's church for working with the Sunday school once monthly. My motivation for doing so is that this is a small church and has not recently had an individual who desires to work with the children every week. I have always believed that the children are our future and I feel that this contribution of my time pays big dividends that I will not know for years ahead. Someone has recently organized our volunteering opportunity and set up the lessons ahead. This last week I did not have to prepare much, just needed to show up and be of service.

The lesson was on "When is enough, enough?" The biblical story was the Israelites wandering in the desert and having God provide the food, manna, and water to the tribes. The main point was that God provides and we do not need to worry about providing for our needs. The second lesson was about taking only what you need and not feeling that one needs to hoard for the unexpected. My parents grew up in the depression and they were first class hoarders. They passed on that lesson to me. I led the discussion among 2nd graders on when is there enough and how does one know when enough is enough. It got me thinking, how this applies to me.

I learned that I need to determine what my needs are and what my quota that I need is. But, I also need to learn to trust that spirit can be my co-creator in my life. I decide. It is sort of like working with the vibration of concern. There is a fine line in life; one can have over-concern, under-concern or true concern. The same is with my opportunities. What I do know to be truth is that I have enough energy in life to attain and maintain my opportunities, but not to get involved with what is not my opportunity or to get overly involved with the "maze" of life.

I realize that life is a game and that those who have the most "toys" at the end of the game do not always win. In fact, like some card games, the more you have in your hand, the more you are penalized for that accumulation at the end of the game. My Sunday school lesson is that I have to discern what gives me fulfillment, focus on that, and release the rest. I have enough to do what I need to do and I can relax with that knowledge. Like the journeying Israelites, I can trust the process and learn to enjoy the ride.

*Peace
Community
Church International,
providing both fellowship
and qualified leadership
in all walks of life where
people are seeking
greater inner peace
and awareness.*

Angels Explained by Children

I only know the names of two angels, Hark and Harold. Gregory, 5 yrs.

Everybody's got it all wrong. Angels don't wear halos anymore. I forget why, but scientists are working on it. Olive, 9 yrs.

It's not easy to become an angel! First, you die. Then you go to Heaven, and then there's still the flight training to go through. And then you got to agree to wear those angel clothes. Matthew, 9 yrs.

Angels work for God and watch over kids when God has to go do something else. Mitchell, 7 yrs.

My guardian angel helps me with math, but he's not much good for science. Henry, 8 yrs.

Angels don't eat, but they drink milk from Holy Cows!!! Jack, 6 yrs.

Angels have a lot to do and they keep very busy. If you lose a tooth, an angel comes in through your window and leaves money under

your pillow. Then when it gets cold, angels go south for the winter. Sara, 6 yrs.

Angels live in cloud houses made by God and his son, who's a very good carpenter. Jared, 8 yrs.

All angels are girls because they gotta wear dresses and boys didn't go for it. Antonio, 9 yrs.

My angel is my grandma who died last year. She got a big head start on helping me while she was still down here on earth. Sarah, 9 yrs.

Some of the angels are in charge of helping heal sick animals and pets. And if they don't make the animals get better, they help the child get over it. Vicki, 8 yrs.

What I don't get about angels is why, when someone is in love, they shoot arrows at them. Sarah, 7 yrs.

Submitted by Nancy Seybert



Spirit Is Our River™

*A lesson in Trust:
submitted by Kathleen
Ellis, from World's Greatest
Collection of Church Jokes.*

A man named Jack was walking close to a cliff and fell off. His thousand foot fall was broken by a branch. Holding onto the branch, looking down, Jack saw that he was facing sure death. He began calling for help. "Help me, help me!" Finally Jack heard a voice calling him "Jack, Jack, can you hear me?" Jack called back, "Yes, I can. But, who are you and where are you?" The voice replied "I am the Lord, I am everywhere." Jack replied "You mean God?" "That's right." Jack cried "Oh, God, if you help me I will be a good person, I will go back to church. I will serve you the rest of my life." God replied "Easy on the promises, Jack. Here is what I want you to do. Listen carefully." Jack replied, "I'll do anything, just tell me what to do." God replied, "OK, just let go of the branch." Jack replied: "What?" God repeated "Just let go of the branch, trust me." There was a long silence. Jack then cried out "Help me, is there anyone else up there?"

JUST RELEASED MOVIE PIC'S

"Yes Man," starring Jim Carey. Out just before Christmas, this movie has the premise that the main character needs to say "yes" to life. Although it is as zany as Carey fans expect, it does have a metaphysical side. Optimism abounds and the viewers are inspired to adopt a "Can do attitude." Like everything else in life, too much of a good thing has a down side. Saying "yes" to everything can be detrimental. Tune in for laughs, food for thought (this is not a typical lightweight Carey flick), and inspiration to take some risks in life. Bungee jumping, anyone?

"The Curious Case of Benjamin Button," starring Brad Pitt. Imagine that the clocks worked backward and you are born old and gradually get younger over time. This film is a beautiful study in a character who never complains and takes what life has dealt. The story unfolds in a retirement home and the interplay between characters is a lesson in its self. In addition, this is a love story that rivals Christopher Reeve in "Somewhere in Time". It reminds the viewer of the relativity of time and the importance timing plays in life's adventures.

"Defiance," starring Daniel Craig. This World War II drama is a true story. This is a story of Russian Jews who hid out in the forest rather than be captured by the Germans. It inspires the viewer that the impossible is possible and that the underdog can win out. Like "Schindler's List," there are inspiring stories that can be told of such a horrific time.

"Grand Torino," starring Clint Eastwood. Although the critics have called this film vintage Eastwood, I found it different than his previous work. I found it inspiring as it takes the viewer through the process of change and allows the viewer to experience a different culture. The main character Eastwood played even had his "aura" read by a Vietnamese Shaman. Imagine having your neighborhood

changing and the total area being populated by a people that you have been trained to hate. Eastwood's character fought in Korea and was fighting the memories of war. The film is a story of change, friendship, and overcoming challenges. Unlike "Dirty Harry," this flick is for both sexes. Take your Kleenex; it has a twisted ending.

"Australia," starring Nicole Kidman and Hugh Jackman. This epic brings together a history lesson, sweeping vistas, and the power of relationships. Although long, the story that takes place in WWII, is so moving that you forget the time. Metaphysically, the mystical world of the Aboriginal culture is featured in the film, and the viewer is inspired by this very spiritual culture.

"Marley and Me," starring Jennifer Austin. The best stories are about pets and kids. This flick has both. It is a story of a dog that the author believes is the world's worst dog, and the family who raised him. The family grows, the laughter abounds, and the viewer falls in love with the relationship between the main character and his dog. The movie redefines the term unconditional love.

Just out on video:

"Fireproof," starring Kirk Cameron. I have a confession; this was made in my home town, Albany, Ga., and filmed at the hospital that I am affiliated with. It was created by a local Baptist Church and carries the message of spiritual faith. Although the fundamental religious belief is there, the message is not heavy-handed. The story is one of fight for what you want in life and not giving up. It takes the vibration of appreciation of the people in your life to the "nth" degree. Even though that I had been married over 29 years, I learned some things about relationships and letting your partner know that you care.

Kathleen Ellis



*It's the Spirit
that unites us!™*

Wayshowers Community Fellowship is a network for all spiritual traditions.

Peace Community Church International is based on the teachings of the Master Jesus, and is the first tradition to become a part of WCF. We welcome wisdom from the Native American, Judaic, Christian, Islamic, Hindu, Buddhist and other spiritual traditions. The goals of Wayshowers are two-fold: to back the "wayshower" in each of us, the part that inspires and shows a way of life to others; and to build bridges among the spiritual traditions on planet earth by focusing on the deeper spiritual truths contained in all the world's religions.

Visit the WCF Website: www.wayshowerscommunityfellowship.org or email: president@wayshowerscommunityfellowship.org.

WAY SHOWERS SPIRIT CALL

Each Friday evening, at 9:30 pm EST, there is a 15-20 minute WCF Spirit Call whose purpose is to share inspiration and healing energy with individuals and the world community. The number to call is: 603.488.0702 Pin Code: 427964#

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Spirit Is Our River™

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WAYSHOWERS COMMUNITY FELLOWSHIP MEMBERSHIP DRIVE 2009:

Ever feel that some things in life are best kept secrets? Involvement in WCF is one – an opportunity to work energetically to heal division on planet earth and aspire to the high ground of spiritual reality while having fun with an international team. Only by sharing the WCF message and goals can people get a feeling for the opportunity to be involved. It takes people involved in WCF fellowships, the Spirit Call, courses, etc. to reach the goals that spirit has set out for us.

Almost five years ago now, Francisco David Coll presented us with a vision that 4% of the world's population was ready for the combined spiritual messages of our affiliated programs. Twenty five percent of that group is ready to be reached from the vibration of religion and philosophy. That is part of WCF's mission to reach the masses. To accomplish our mission, we need expansion so we have decided to start a membership campaign kicking off July 5, 2008 at the Annual Meeting.

HERE ARE THE WCF MEMBERSHIP CAMPAIGN FACTS:

Level one:

Share and inspire two memberships (\$100) in combined membership fees and win a WCF tote bag. This newly created WCF product will be available at summer camp also for purchase.

Level two:

Share and inspire \$500 in membership fees (any combination of sage, student, or regular memberships) and receive a tote bag and a new songbook.

Level three:

The person who has shared and inspired the most memberships (determined by \$ amount) by Dec. 31, 2009 will receive: \$100 in their choice of ALC merchandise and special recognition in the Spirit Is Our River newsletter. Only new memberships or renewals of memberships that have been inactive for over 1 year qualify for consideration in the above campaign.

Note: WCF executive board members are not eligible to participate in this competition but are encouraged to continue to share WCF membership benefits.

Let's grow WCF!

Additional copies are available from the non profit organizations for \$2 to give out to public.



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